

Entry Form

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Male Female Age (on June 16): _____

T-Shirt size (circle one):

S M L XL XXL

Youth S Youth M Youth L

Signed: _____

(Parent or Legal Guardian if under 18)

Date: ____/____/____

Entry Fee: \$ _____

Additional Donation: \$ _____

Make checks payable to:

North Carolina Music Hall of Fame
109 West A Street - Kannapolis, N.C. 28081

Participant Waiver: In consideration of my or my child's participation in the aforementioned North Carolina Music Hall of Fame's event I hereby discharge and release Rowan Regional Medical Center, North Carolina Music Hall of Fame, any and all employees or agents thereof of all claims of any kind whatsoever arising out of the actions of the above said participants or agents, to the extent allowed by law. I have informed the North Carolina Music Hall of Fame staff of any physical conditions that may hinder my or my child's participation in the 2012 Rhythm and Run 5K.

Signature (Parent/Guardian must sign if under 18)

Date

THANKS TO OUR SPONSORS:



North Carolina Music Hall of Fame



SATURDAY JUNE 16, 2012
9:00 AM

Facebook.com/Rhythm and Run



DATE

Saturday June 16, 2012

9:00 am

COURSE

Certified Course #: NC-08033-PH

This musical course begins in Cannon Village at the intersection of West A Street/West Avenue and runs through the North Carolina Research Campus into the Kannapolis Parks and Recreation Greenway. The beautiful greenway has an "out of town" atmosphere and wooded area canopied with trees. The course continues through Village Park and circles around back to downtown at the West A Street intersection.

AWARDS

Awards will be presented in the Dale Earnhardt Plaza when the last runner crosses the finish line. Top three finishers in each age division will receive an award. Top three overall (both male and female) will receive awards.

RACE LOCATION

West Avenue downtown Kannapolis adjacent to the North Carolina Music Hall of Fame Museum.
109 West A Street
Kannapolis, NC 28081

ENTRY FEES

5K Run

Early Registration (until May 5).....\$20

Registration (May 20-June 14).....\$25

Race Day Registration (cash and check only).....\$30

Cool Max sport shirts guaranteed to those who register before

May 26th.

RACE SCHEDULE

- **Race Packet pickup** June 14 & 15 from 10AM - 4PM at the NC Music Hall of Fame Museum.
- **Onsite Registration** and check-in begins at 8:00AM.
- **5K Rhythm and Run** begins at 9:00AM.
- **Awards Ceremony** begins when last runner crosses the finish line.

REGISTRATION

In person:

NC Music Hall of Fame Museum

Printable:

www.NorthCarolinaMusicHallofFame.org

Online:

www.sportoften.com



DIRECTIONS

From I-85, take exit 60 and travel West on Dale Earnhardt Blvd. to Kannapolis. Turn RIGHT on S. Main Street. Turn LEFT on "A" Street. The North Carolina Music Hall of Fame is in the first block on the LEFT.



ADDITIONAL INFORMATION

Walkers welcome.
Strollers permitted.

NO BANDIT RUNNING!
NO BIB CHANGING!

Parking will be available downtown on West Avenue.

Please contact the North Carolina Music Hall of Fame Museum for more information:
(704) 934-2320
info@northcarolinamusicHallofFame.org

PROCEEDS GO TO . . .

Proceeds go to the North Carolina Music Hall of Fame Museum a 501 (C) nonprofit organization.

The North Carolina Music Hall of Fame promotes, honors, and commemorates musicians, singers, songwriters, and producers from the state of North Carolina.

