

Entry Form

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Male ☐ Female ☐ Age (on May 11): _____

T-Shirt size (circle one):

S M L XL XXL

Youth S Youth M Youth L

Date: ____/____/____

Entry Fee: \$ _____

Additional Donation: \$ _____

Make checks payable/mail to:

North Carolina Music Hall of Fame
109 West A Street - Kannapolis, N.C. 28081

Participant Waiver: In consideration of my or my child's participation in the aforementioned North Carolina Music Hall of Fame's event I hereby discharge and release Bank of the Carolinas, the North Carolina Music Hall of Fame, and its sponsors, volunteers, any and all employees or agents thereof of all claims of any kind whatsoever arising out of the actions of the above said participants or agents, to the extent allowed by law. I have informed the North Carolina Music Hall of Fame staff of any physical conditions that may hinder my or my child's participation in the 2013 Rhythm and Run 5K. I grant permission to all of the foregoing to use any photographs or recordings of this event that may reveal my or my child's likeness or identity for any legitimate purpose.

Signature (Parent/Guardian must sign if under 18) _____ Date _____



THANKS TO OUR SPONSORS:



BANK of the
CAROLINAS



We have the RHYTHM if you have the RUN!





BANK of the
CAROLINAS
PRESENTS

NORTH CAROLINA MUSIC HALL OF FAME

Rhythm & Run

5K

KANNAPOLIS, NC

Saturday May 11, 2013
9:00am

Facebook.com/Rhythm and Run





DATE

Saturday May 11, 2013
9:00 am

COURSE

USATF Certified Course.
Timing: Disposable bib chip timing.

Check event websites for course map.
Course begins on Main Street at the North Carolina Music Hall of Fame Museum and runs through the beautiful City of Kannapolis. Course will be manned with volunteers for your safety and water stations will be available along the course.

AWARDS, PRIZES, DIVISIONS

Awards:

Top three finishers (male & female) in each age division will receive medals. Top three overall (male & female) will receive awards.

Prizes:

\$100 to Overall 1st Place Male & Female
\$50 to Overall 2nd Place Male & Female
\$25 to Overall 3rd Place Male & Female

5K Age Divisions (male & female):

0-9	25-29	45-49	65-69
10-14	30-34	50-54	70-74
15-19	35-39	55-59	75 & up
20-24	40-44	60-64	

SHIRTS/RACE BAGS

Shirts are guaranteed to those who pre-register before:

April 13th, 2013 11:59 pm.

Shirts will be available to race day registrants while supply lasts.

Race Bags to the first 300 registrants.

ENTRY FEES

5K Run

Early Registration (until March 30).....\$20
Registration (March 31 -May 9).....\$25
Race Day Registration (cash and check only).\$30

SORRY NO REFUNDS

HOW TO REGISTER

In person:

NC Music Hall of Fame & Museum

By Mail/Printable:

www.NorthCarolinaMusicHallOfFame.org

Online:

www.Sportoften.com

RACE SCHEDULE

- **Race Bag/Shirt Pickup:** May 9th & 10th from 10AM - 4PM at the NC Music Hall of Fame Museum.
- **Race Day Registration/Pre-Registration**
Check in: 8:00AM.
- **5K Start:** 9:00AM.
- **Awards Ceremony:** begins after 5K.

DIRECTIONS

From I-85, take exit 60 and travel West on Dale Earnhardt Blvd. to Kannapolis. Turn RIGHT on S. Main Street. Turn LEFT on "A" Street. The North Carolina Music Hall of Fame is in the first block on the LEFT.



Scan this code to your mobile device for directions

ADDITIONAL INFORMATION

- Walkers welcome.
- Jogging strollers permitted.
- NO BIB CHANGING!
- *Southern Pride* band to perform LIVE during 5K.
- Restrooms available downtown/onsite
- Jiggy with the Piggy BBQ Festival, Village Fest, & car show is May 10-11 starting 9am
- *Nantucket* band to perform LIVE at 4pm downtown

Please contact the North Carolina Music Hall of Fame Museum with any questions:

(704) 934-2320

info@northcarolinamusicalloffame.org

PROCEEDS GO TO . . .

Proceeds go to the North Carolina Music Hall of Fame Museum a 501 (C) nonprofit organization.

The North Carolina Music Hall of Fame promotes, honors, and commemorates musicians, singers, songwriters, and producers from the state of North Carolina.

